# **NAPERVILLE WRESTLING CLUB**

The Naperville Wrestling Club is a USA Wrestling Chartered Club as well as a member of the Illinois Kid Wrestling Federation (IKWF).

The Naperville Wrestling Club teaches sound wrestling technique and sportsmanship to wrestlers from grades kindergarten through 8<sup>th</sup> grade. Wrestling provides a great foundation for building strength, balance and quickness, which can be used in other sports. Wrestling also develops integrity, discipline and a strong work ethic – traits that will last a lifetime. We work to ensure every team member receives the instruction and training they need to compete at an appropriate level. Our paid and volunteer coaches provide a diverse mix of wrestling knowledge and experience; several of our coaches are former NCAA college wrestlers.

## Practices:

All practices are in the Naperville Central wrestling room. MUST HAVE USA WRESTLING PRIOR TO PARTICIPATING IN PRACTICE

Age Group	Day	Start Time	End Time
7 & Under (White Team)	Tues & Thurs	6:00pm	7:00pm
8 & Older (Black Team)	Mon & Wed	6:00pm	7:30pm
10 & Older (Red Team)	Mon, Wed & Thurs	6:00pm	7:30pm

Wrestlers will be assessed and based on ability they will be placed on either the Black or Red team

## <u>Season:</u>

```
7 & Under – November 7th – January 31st
8 & Older - November 6<sup>th</sup> – IKWF Post Season (Early March)
```

## <u>Eligibility:</u>

Kindergarten through 8<sup>th</sup> grade

## <u>Cost:</u>

K – 6<sup>th</sup> Grade is \$300 plus \$40 USA Wrestling Card.

7<sup>th</sup> – 8<sup>th</sup> Grade is \$200 plus \$40 USA Wrestling Card.

Club fees include weekly coaching, 1 custom t-shirt, & custom singlet (singlet must be returned at end of season) \*\*\*Scholarship/Financial assistance is available as needed\*\*\*

## **Competitions:**

Local tournaments on Sunday

All wrestlers are eligible to compete

IKWF State Series – Early March

The Naperville Wrestling Club will host a tournament at Naperville Central High School on Sunday, December 31st

## For More Information:

Parent Meeting – Wednesday October 25<sup>th</sup>, 7:00pm Naperville Central wrestling room. Use entrance #9 (by the swimming pool lobby off Hillside Road) Additional Questions: <u>info@napervillewrestlingclub.com</u>



